

South Cheshire & Vale Royal
GP Federation's Projects
based on the
Top 10 High Impact Changes

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Why me

Dr Neil Paul

- GP Partner
 - large 24K pt practice in Sandbach
 - We merged 2 practices into one
 - We run a range of services
- Digital Health Insider Columnist
- GP lead for local GP federation and Board member of CCICP (a community services provider)
- Co-owner of Howbeck Healthcare – a company that helps GP federations and specialises in IT

Howbeck Healthcare

- Has now setup 5 not for profit GP federations
- Employs 6+ staff and has access to range of contractors with range of NHS and commercial backgrounds
- Won our practices >£6Million in new income
- Implemented/ commissioned/ helped develop numerous IT related schemes
- Works with a range of IT companies to deliver projects at scale

The Problems

- Too few GPs
 - Workforce planning – retirements – pensions – exodus – Eur WTD – work/life balance
- Aging Population
- Growing Population
- More complex Medicine
- Shift of work to primary care
- No Money
- Poor investment in IT?
- The complex nature of NHS – CCGs – ACSs – independent providers
- Too little self investment by GPs?

Releasing Capacity

10 High Impact Actions



- 1 Active signposting
- 2 New consultation types
- 3 Reduce DNAs
- 4 Develop the team
- 5 Productive work flows
- 6 Personal productivity
- 7 Partnership working
- 8 Social prescribing
- 9 Support self care
- 10 Develop QI expertise

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Our Federation

- South Cheshire & Vale Royal GP Alliance has around 66 projects up and running
- SCVR Aims: Improve services for patients, improve income, reduce expenses – improve work/life balance
- Try to utilise existing General practices where possible and not create new services and pass as much of the money through as possible
- Seek efficiencies through innovation and skill mix and working at scale whilst retaining individual identity
- Let practices join at their own rates

Some schemes aimed at releasing capacity

- PMCF – spent on Alternative solutions, Hub working, Skill mix
- Created Apex BI tool to help analyse Activity Capacity and Demand
- Pharmacist in practice scheme – 15/30 now have at least 1 pharmacist
- Locum Bank app – across several CCGs
- Horizon remote working (VDI)
- IT healthcheck and training programme
- GPAsk – First Derm – Tele-Ent – Technomed ECG – Medefer – Alivecors
- WIKI
- Website Project – Self care – linked to new NHS E scheme

Schemes continued

- Lexacom Digital Dictation
- Big White Wall
- CCICP
- DVT service with POCT
- Community Diagnostics
- Physio First
- Mental Health First (see productive GP)
- Crowdsourced Palliative Care Visiting scheme
- Nursing placements

Other schemes we are working on

- Occupational health contract
- Research in primary care
- ETTF bids
- Freedom to Speak up Guardian
- AF screening
- Emis ES&R

Feel free to get in touch

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